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Ryan H. Pasternak, MD, MPH is a Board Certified Adolescent Medicine specialist and Associate Professor at LSU School of Medicine, New Orleans. Dr. Pasternak discovered his love for adolescent patients in medical school. During fellowship his research focused on adolescent confidentiality as well as adolescent sexual health and care of minority and marginalized populations. His public health work focused on Health Policy. He used this training at LSU to develop the Reproductive Education + Advocacy Louisiana Program (REAL). This program supports expanding adolescent clinical care services and comprehensive sexual health education, provider education on adolescent healthcare, and state and national advocacy for adolescent and reproductive health. He combines his work with patient care and medical education at LSU and Children's Hospital Gender Health Team and as part of Crescent Care New Orleans.

Dr. Pasternak is a member and Fellow of the American Academy of Pediatrics, member of the Society for Adolescent Health and Medicine (SAHM), World Professional Association for Transgender Health (WPATH) and Physicians for Reproductive Health (PRH) and Faculty of the Adolescent Reproductive and Sexual Health Education Program and Fellow of PRH's Reproductive Health Leadership Training Academy, as well as a member of the Surfer's Medical Association.