

Is your child in the right car seat?



Louisiana Child Passenger Safety Law

Age/Size		Restraint Use
Birth to at least 2 years old		Ride rear facing in an infant or convertible child safety seat
At least 2 years old and has outgrown the rear facing seat by height or weight		Ride in a forward-facing child safety seat with an internal harness
4 years old and has outgrown the forward-facing seat with internal harness by height or weight		Ride restrained in a belt positioning child booster seat using a lap shoulder seat belt
9 years old or has outgrown the booster seat and can pass the 5 Step Test		Ride restrained with a lap shoulder seat belt secured correctly on the vehicle seat
Younger than 13 years old		Ride in the rear seat of a vehicle, when available and properly restrained

A child who can be placed in more than one category shall use the more protective category. Child safety seats must be used according to the manufacturer's instructions. 5 Step Test: The seat belt fits correctly when the child sits all the way back against the vehicle seat, the child's knees bend over the edge of the vehicle seat, the belt fits snugly across the child's thighs and lower hips and not the child's abdomen, and when the shoulder strap snugly crosses the center of the child's chest and not the child's neck.

Free of charge

Child safety seat fitting stations

Region E: Rapides, Natchitoches, Vernon, and Avoyelles Parishes

See reverse

19-3444-0819



Rapides, Natchitoches, Vernon, and Avoyelles Parishes

Rapides Parish

Louisiana State Police Troop E

1710 Odom St.
Alexandria, LA 71301
Scott Moreau
318.769.9577
scott.moreau@la.gov
• Appointment only

Rapides Regional Medical Center

211 4th St.
Alexandria, LA 71301
Theresa Hood
318.76.9.4027
• 2nd Wednesday of the Month
• 2–5 pm

Cabrini Pediatric Therapy Clinic

3347 Masonic Dr.
Alexandria, LA 71301
318.466.6111 or 318.448.6816
Marisa Vaughn
marisa.vaughn@christushealth.org

Karen Hayson-Juarez
karen.haysonjuarez@christushealth.org

Rapides Area Planning Commission

CARFIT

803 Johnston St.
Alexandria, LA 71301
Destiny Kunefke
318-487-5401 ext. 17
destiny@rapc.info
• Appointment only

Natchitoches Parish

Sheriff's Office

Police Jury Parking Lot
David Dorsey
318.652.2745
ddorsey@npsheriff.net
• Appointment only

Natchitoches DCFS Office

106 Charlene St.
Natchitoches, LA 71457
Megan Goff
318.602.9712
megan.goff.dcfs@la.gov
• Appointment only

Vernon Parish

Bayne Jones Army Hospital

Ft. Polk *CARFIT*

3516 Georgia Ave.
Ft. Polk, LA 71459
Leonard Rhodes
337.531.3776
leonardr139@gmail.com
• Every Thursday
• 10 am–2 pm

Avoyelles Parish

The Early Childhood Development and Family Center

334 Longfellow Rd.
Mansura, LA 71350
Theresa Carmouche
318.240.8898
ECDC_frog_learning@yahoo.com
• 1st and 3rd Friday of the Month
• 1pm – 3pm

Independent Station

Mansura, LA
Victoria Firmin
318.500.8360
vfirmn281@gmail.com
• Appointment only