

KEEP ME SAFE AS I GROW

EFFECTIVE 8/1/19

1



Rear-Facing
Car Seat

BIRTH TO AT LEAST
2 YEARS

2



Forward-Facing
Car Seat

AT LEAST 2
YEARS OLD AND
HAS OUTGROWN
REAR FACING
SEAT BY HEIGHT
OR WEIGHT

3



Booster Seat

4 YEARS OLD
AND HAS
OUTGROWN
FORWARD
FACING HARNESS
SYSTEM BY
HEIGHT OR
WEIGHT

4



Seat Belt

9 YEARS OLD OR
HAS OUTGROWN
THE BOOSTER
SEAT AND CAN
PASS THE
5 STEP TEST

Seats must be used
according to the
manufacturer's

instructions. For height
and weight guidance, visit:

www.healthychildren.org

OR

<https://bit.ly/1SLucaD>

ALL CHILDREN SHOULD REMAIN IN THE REAR
UNTIL 13 YEARS OLD

5 STEP TEST

- 1) BACK AGAINST VEHICLE SEAT.
- 2) KNEES BENT AT EDGE OF SEAT.
- 3) LAP BELT ON TOPS OF THIGHS, NOT BELLY.
- 4) SHOULDER BELT BETWEEN NECK AND SHOULDER.
- 5) SIT PROPERLY. NO SLOUCHING, NO PLAYING WITH SEAT BELT, ETC.



Louisiana Chapter

American Academy of Pediatrics

DEDICATED TO THE HEALTH OF ALL CHILDREN®

