

TIKES Early Childhood Mental Health Consultation

Need support caring for young children during the COVID-19 pandemic?

TIKES Early Childhood Mental Health Consultation is providing mental health consultation (MHC) services via telephone or a telehealth web based platform during the COVID- 19 pandemic.

What is Mental Health Consultation (MHC) ?

Early Childhood Mental Health Consultation (ECMHC) is an intervention that teams a mental health professional with early childhood professionals to improve the social, emotional and behavioral health of young children in early learning settings.

Who Can Request a TeleMHC Call?

Any individual associated with a Type I, II, or III child care center, family child care (FCC) providers, or child care respite sites. Individuals include teachers, directors, owners, parents or others caring for young children during the COVID-19 pandemic.

They are able to assist individuals with issues related to:

- Child behavior and social-emotional concerns
- Supporting children during the COVID-19 pandemic
- Self-care
- Stress and coping
- Director, Teacher, and Parent Concerns
- Other concerns as needed

How to Contact a Consultant

Please complete the request form at <https://tinyurl.com/TulaneTIKES> and a consultant will contact you as soon as possible.

*** This service is paid through the Louisiana Department of Education and is available for FREE to those who call in.**