

Activity Planning Form

Finelli, Hinshaw-Fuselier, & Gleason, 2021

Title of Presentation:

Consultation in Pediatric Clinics: Bridging Primary Care and Mental Health

Describe the specific knowledge gap related to this activity and state WHY it should be addressed.

Bright Futures Guidelines for Health Supervision of Infants, Children, and Adolescents recognizes the central role of pediatricians in health promotion and prevention, inclusive of mental, physical, family, and social wellness. Many pediatricians have not had sufficient training in the areas of mental health and family and social wellness to feel comfortable and confident in identifying and responding to these needs.

Provide a brief paragraph (2 or 3 sentences) explaining the PURPOSE and NEED for this activity and describe HOW the gap will be addressed.

Increasing knowledge about infant and early childhood mental health and the role of parents' mental health in young children's development will help pediatricians identify concerns. Consultative support of pediatricians increases their comfort and confidence in recognizing and responding to early mental health issues.

Write objectives from the perspective of the learner describing what will be achieved as a result of participation in the activity. Include improvements in knowledge, physician performance and patient outcomes. **AVOID** verbs such as: understand, know, learn and believe. Use verbs that communicate knowledge, comprehension, application, impart skills, or convey attitudes. Three objectives should be provided for each lecture.

1. Participants will be able to name common mental health concerns in infancy and early childhood.

2. Participants will self-identify areas for growth in their screening and intervention for mental health, family and social wellness.

3. Participants will be able to describe the benefits of using perinatal and early childhood mental health consultation in pediatric practice.

The activity is expected to generate an intervention to change participants: (please check all that apply)

Knowledge

Competence

Practice Performance

Patient Outcomes