

Activity Planning Form

Title of Presentation:

Sudden cardiac death in young athletes

Describe the specific knowledge gap related to this activity and state WHY it should be addressed.

Many athletes with a predisposition to sudden cardiac death are asymptomatic with normal histories and physical examination. Hence, there is a strong need for educating health care professionals and pediatricians in identifying risk factors and accordingly referring these athletes for further testing.

Provide a brief paragraph (2 or 3 sentences) explaining the PURPOSE and NEED for this activity and describe HOW the gap will be addressed.

The purpose of this activity is to promote awareness among providers of the various conditions associated with sudden cardiac death in athletes and the current screening guidelines in place.

The presentation will help identify more at risk athletes and decrease the incidence of sudden cardiac deaths in young children.

Write objectives from the perspective of the learner describing what will be achieved as a result of participation in the activity. Include improvements in knowledge, physician performance and patient outcomes. **AVOID** verbs such as: understand, know, learn and believe. Use verbs that communicate knowledge, comprehension, application, impart skills, or convey attitudes. Three objectives should be provided for each lecture.

1. Improve knowledge regarding cardiac conditions associated with sudden cardiac death
 2. Review the current pre-participation screening guidelines in place
 3. Enhance identification of at risk athletes and appropriately make referral
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The activity is expected to generate an intervention to change participants: (please check all that apply)

- Knowledge
- Competence
- Practice Performance
- Patient Outcomes