

**Talking with a young person about alcohol and other drugs can seem impossible.**

Find ways to make your conversation both **positive and productive.**

Practice with a simulation.



**ONE  
DEGREE**®

**Shift the Influence**

# A simulation to help you **talk and listen.**

Practice proven communication tips to help you have positive, meaningful conversations about alcohol and other drugs with a young person you care about.



Meet Sienna and her father, Drew. Their simulated conversation will provide tips that can help you practice talking to a young person about alcohol and other drugs.

Be the influence for those you care about, visit

**Shifttheinfluence.org**

