

# A Systematic Approach to Management of children with Bowel & Bladder Dysfunction

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## VOIDING DYSFUNCTION BEHAVIORAL OR ABNORMAL

KIDS WILL BE HONEST THEY ARE GOOD HISTORIANS OF THEIR POOP

"MY CHILD CAN'T STAY DRY..."  
"MY URETHRA IS TOO SMALL"  
"WE'VE TRIED EVERYTHING"

IT'S NOT QUICK... YEARS

### BEHAVIORAL



### SYMPTOMS

- SUDDEN VOIDING
- WAKING UP ALOT



### ASK

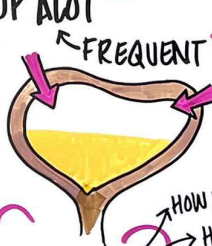
- HOW MUCH? • BOWEL FREQUENCY?
- HOW OFTEN? • DELAYED?
- UTI HISTORY?
- PAIN?

LOOK AT THE UNDERWEAR AND SIGNS OF BAD HYGIENE

## HEALTHY VOIDER CLINIC

- WORK WITH NURSE PRACTITIONERS
- HIGH REFERRALS

- INFREQUENT
- ↳ LEAKAGE...
- ACCIDENTS
- UTI'S



## CONSTIPATION & BLADDER INFECTION HAND IN HAND

#1 TREAT CONSTIPATION!

### TIMED VOIDING

"TAKE YOUR TIME"

• MONO... BED WETTING

• NON-MONO

+ DAY SYMPTOMS

- HOW MUCH?
- HOW OFTEN?
- WHAT HAVE YOU TRIED?

TREAT DAYTIME FIRST

PELVIC FLOOR THERAPY  
BED WETTING ALARMS  
PARENTS HELP!