



Food Insecurity In Children:

Why it Matters if Your Patient's Plate is only Half Full - KATIE QUEEN, MD, FAAP, ABOM, ABP - AUG 20, 2022

"SECURITY"
CONSISTENT
DEPENDABLE
ENOUGH

"LOW" DECREASE VARIETY
NOT HUNGRY

"VERY LOW" DISRUPTED PATTERNS
"HANGRY" EVERYDAY

AFFECTS MENTAL HEALTH
INCREASED RISK FOR BIRTH
DEFECTS... IT AFFECTS
EVERY TYPE OF PRACTICE

"2 ITEM HUNGER SCALE"
WITHIN PAST 12 MTHS...
1. WORRY ABOUT FOOD RUNNING OUT...
2. FOOD DIDN'T LAST...
"OFTEN" OR "SOMETIMES" = POSITIVE

★ LOCATE YOUR FOOD BANK & JOIN LISTSERV

★ NO KID HUNGERY LISTSERV & VITALS SIGN

★ GET INVOLVED! AHA VOICES

★ I.D. A HUNGER CHAMPION

★ START WITH CERTAIN AT-RISK GROUPS

★ POST A GRAPHIC



WE DON'T KNOW
WHAT TO DO...

IT'S HIDDEN

NORMALIZE FIRST

- FOOD IS MORE EXPENSIVE...
- WOULD YOU LIKE RESOURCES?
- GIVE RESOURCES TO EVERYONE!

SCREEN AND INTERVENE TOOL

DOWNLOAD IT!

DIAGNOSIS CODE

259.4

1 ASSESS

2 CODE

3 REFER

REFERRALS

- PRODUCE Rx'S
- FOOD SHELF
- FOOD PHARMACY
- TEFAP
- AFTERSCHOOL...SUMMER...
- W.I.C.
- S.N.A.P.
- NAT'L SCHOOL LUNCH
- CACFC

- 10.5% IN U.S. HOUSEHOLDS
- 14.8% WITH CHILDREN (1 IN 7)
- BIG DIFFERENCE FOR BLACK, HISPANIC, RURAL...

