



Peanut Allergy: Past, Present, & Future - ANDREW ABREO, MD, FAAP

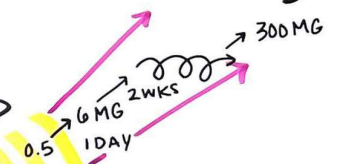
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"PALFORZIA"

↑ FOR ACCIDENTAL EXPOSURE

"IMMUNO-THERAPY"

THE LONGER THE SUSTAINED UNRESPONSIVENESS, THE BETTER THE THERAPY



YOU CAN TEST FOR VARIOUS COMPONENTS

ARA#2 ← MOST CLOSELY ASSOCIATED



← HAND SANITIZER DOESN'T WORK!
CROSS-CONTACT IS A CONCERN

PREVENTION AND PREPARATION

YOU CAN ONLY BE ALLERGIC TO PROTEIN (NOT THE SMELL)

SCHOOLS WITH POLICIES HAD MORE EPI-PEN USE

→ "PEANUT FREE"

↑ NOT NEEDED

FOCUS ON PREVENTION AND RESPONSE TRAINING

TO DIAGNOSE, CONSISTENT SYMPTOMS + TESTING

SERUM IGE TESTING INCREASES UKLIHOOD OF REACTION

FOOD PANELS ⇒ OVERDIAGNOSIS

WHENEVER FOOD IS INTRODUCED, IS THE RIGHT TIME ← UNLESS HIGH RISK

RISE IN ALLERGY REASONS

- HYGIENE
- PREPARATION
- DELAYED CONSUMPTION

EARLY INTRO CAN PREVENT ALLERGY

80% CONTINUE FOR LIFE

PEANUT BUTTER COOKIE



ADVERSE FOOD REACTIONS

NON IMMUNE MEDIATED

I.E. LACTOSE INTOLERANCE

IMMUNE MEDIATED

I.E. PEANUT ALLERGY

