

Provider to Provider Consultation Line (PPCL): A Pediatric Mental Health Care Access (PMHCA) Program

Paulette Carter, MPH, LCSW-BACS, Program Manager, Perinatal, Infant and Early
Childhood Mental Health Consultation

Jody West, LCSW-BACS, PPCL Project Manager

Louisiana Department of Health, Office of Public Health, Bureau of Family Health



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Session Objectives:

- **Participants will learn about the Louisiana Provider to Provider Consultation Line.**
- **Participants will gain a better understanding of how mental health consultation can be helpful in their work with patients.**
- **Participants will learn about the services that will be available through PPCL.**

Mental Health Needs of Louisiana's Children

3rd highest percentage of children with identified mental health problem

27% of LA's children live in poverty

The entire state is a Mental Health Professional Shortage Area

2x the youth attempting suicide compared to nation

Over 25% of LA children have 2+ ACEs

Ranks 48th in the nation for overall wellbeing of children

Sources: HRSA, 2019; KidsCount Data Book, 2021; Data Resource Center for Child and Adolescent Health; Youth Risk Behavior Survey, 2019)

HRSA awards Louisiana a 5 year PMHCA Grant



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Pediatric Mental Health Care Access (PMHCA)

Training primary care providers through telehealth to integrate behavioral and mental health services into their practices

PMHCA Teleconsultation

[Providers - access information and teleconsultation services in 21 states](#)

Increasing Access to Pediatric Mental Health Care

We want to make sure that pediatric primary care providers are confident and competent to screen and help children with [behavioral disorders](#). Our Pediatric Mental Health Care Access (PMHCA) programs build workforce capacity.

Purpose of the PMHCA Programs

- Promote behavioral health integration in pediatric primary care through mental health care telehealth access programs.
- Provide training and education to support the treatment of children and adolescents with behavioral disorders.
- Support referral to behavioral health providers, when needed.
- Serve as a resource for pediatric primary care providers serving children and adolescents.

Our Partners



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**Louisiana Department of Health,
Office of Behavioral Health**



Overall Goal
of the
Louisiana
Provider to
Provider
Consultation
Line (PPCL)
Program

All children and adolescents in Louisiana, especially those in rural and underserved areas, will have equitable access to comprehensive integrated behavioral health services by increasing capacity among primary care providers to screen, diagnose, treat and refer as needed to mental health and supportive services.

PPCL Strategy

Consultation

- Access to psychiatrists and mental health professionals
- Guidance on screening, diagnosis, treatment, medication management
- Response to general questions or patient specific issues

Resource and Referral Support

- Real-time support connecting patients to mental health and other community resources
- Localized community resource lists

Provider Education and Training

- Didactics/case consultation
 - Webinars
- Provider resources (e.g. Screening Toolkit, patient materials)

Providers are more knowledgeable in identifying, diagnosing, treating, and referring patients with mental health concerns which results in an improved EPSDT System

Why provide consultation to frontline healthcare providers?

PC1

- **It's where children and families are**
- **Frontline healthcare clinicians are trusted experts; have relationships over time with patients and families**
- **Consultation leverages scarce psychiatric resources**
 - **With support, training, and resources, frontline healthcare clinicians can manage mild to moderate mental health concerns**
- **Telephone/video consultation increases access to more providers – especially those in underserved, rural areas**



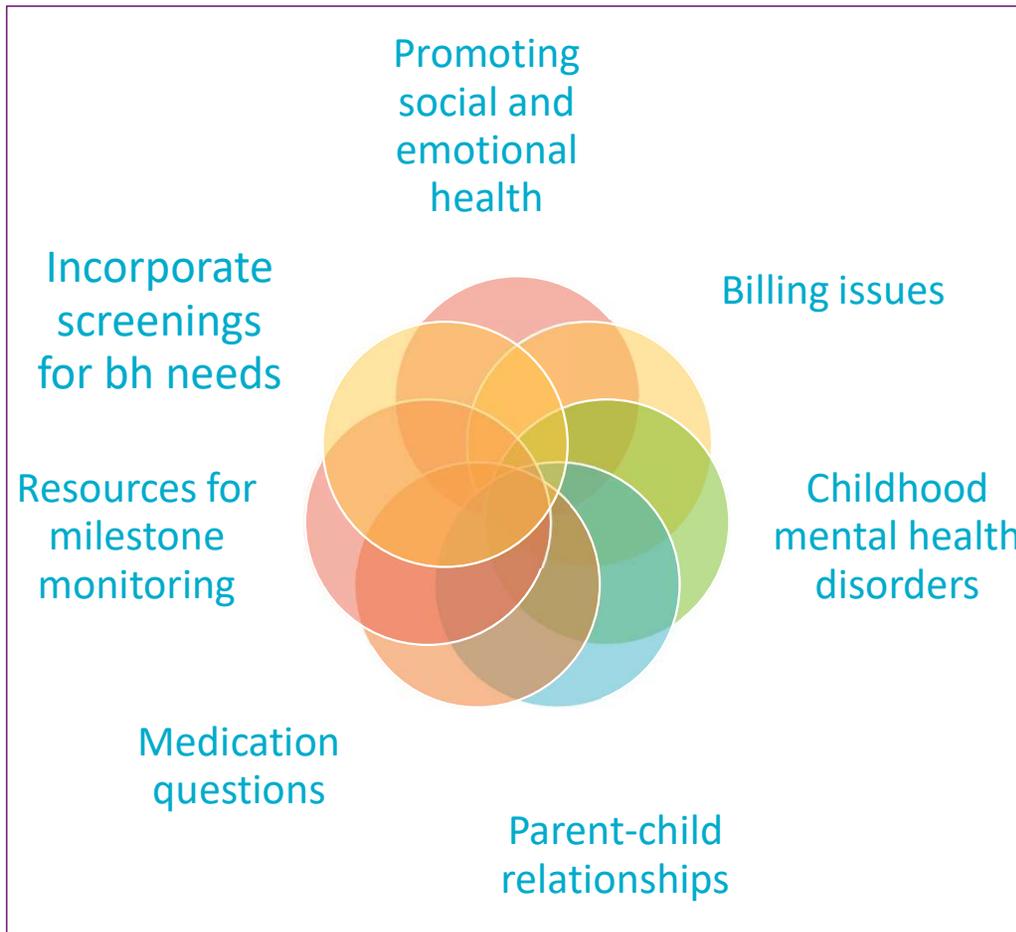
Slide 11

PC1 **Need a picture**
Paulette Carter, 11/30/2021

Key information about PPCL

- **Statewide, provider-to-provider** phone consultation
- **Providers register** for the program
- Special focus on **Rural Health Clinics**
- Full-time **resource and referral** phone consultation
- **Psychiatrists** are available for consultation
- **TeleEcho** series
- Live and recorded **webinars/trainings**
- **Web site:** Clinical tools, handouts, registration form

What Does Consultation Look Like?



Consultation Team



A pediatrician is concerned they are under identifying developmental delays. They are asking for guidance and best practices for screening.

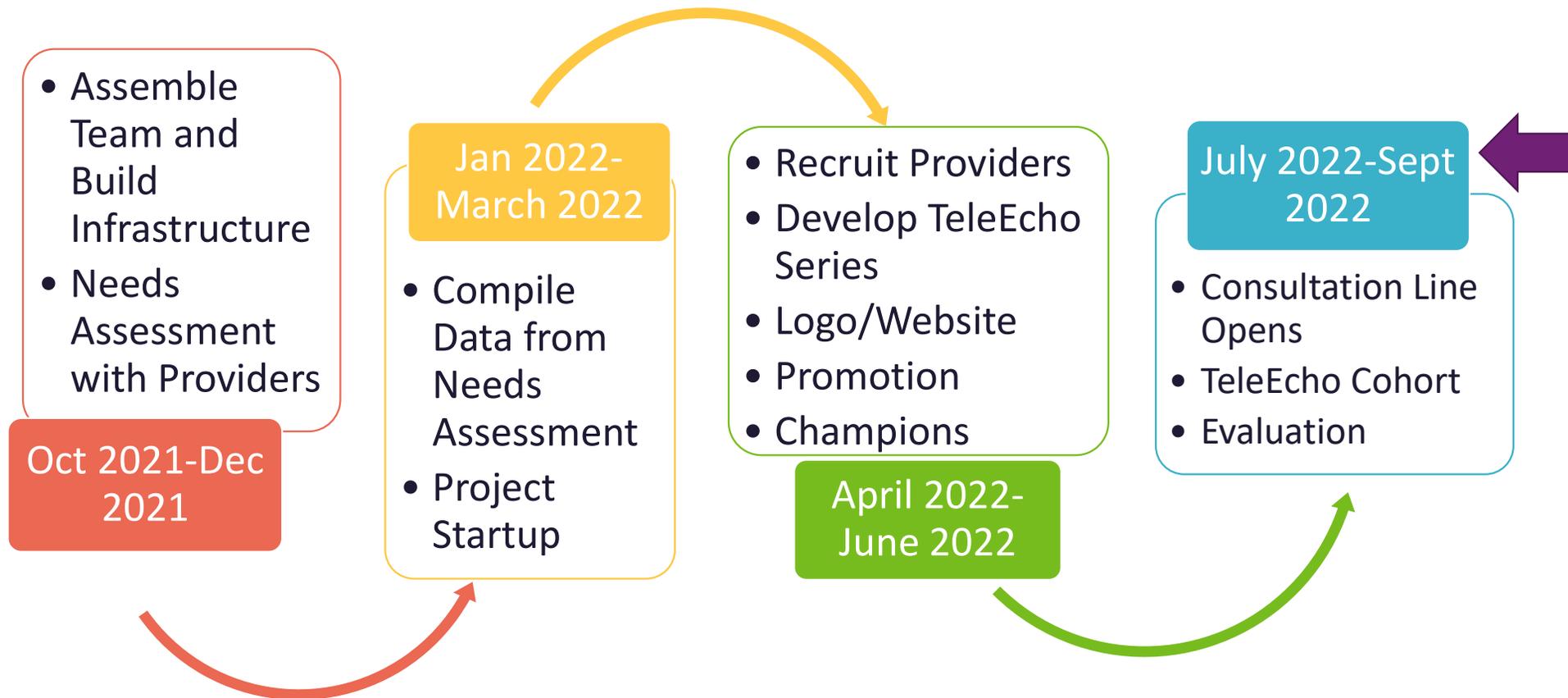
A 15 year old came into the clinic today. Mom reports he came home “blackout” drunk from a football game last week, and, when searching his room, his parents found marijuana. Dad is a recovering alcoholic and the family has experienced lots of loss from both the hurricanes and COVID 19. The parents are really worried about their son. The NP is wondering about treatment programs for the patient.

The mother of a two-year old male patient is reporting that her son has just been kicked out of his child care center due to behavior. This is the second center that has kicked him out.



Clinic wants to incorporate universal depression screening for all children 12 and older, and as maternal depression screening. How can we not overwhelm our busy clinic staff and bill for the efforts. Also, what do we do with the results?

Timeline for Year One (of Five)



Changes You May Wish to Make in Practice

- Commit to incorporating screens for social/emotional development, behavioral health concerns, and family safety in well visits and when indicated.
- Assure your providers have linkage to reliable referral pathways and content experts to improve their knowledge of pediatric behavioral health needs, resources, and interventions.
- Attend educational opportunities focused on mental/behavioral health topics.



Register for PPCL

- Receive program updates – including start date!
- Gain access to consultation from a team of mental health professionals
- Get access to an ECHO series on mental health issues for children and youth
- Get support in identifying mental health and other community resources for your patients





Questions?

Paulette.G.Carter@la.gov

Jody.West@la.gov