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WHAT PEDIATRICIANS WANT TO KNOW ABOUT THE Use of Supplementary Feedings IN THE HEALTHY TERM BREASTFED INFANT - AUG 20, 2022

WITH SUPPORT, MOST DO GREAT

MILK SHOULD START WITHIN ONE HOUR

A FEW CHALLENGES:
• SEPARATION
• FATIGUE
• SHORT STAFFED



TALK TO FAMILIES ABOUT THEIR GOALS



SUPPLEMENTATION ACROSS THE BOARD IS NOT NEEDED

6MTH OF EXCLUSIVE + 6MTH WITH FOODS RECOMMENDATION

BREASTFEEDING IN LA HAS OPPORTUNITIES FOR IMPROVEMENT PARTICULARLY FOR BLACK LOUISIANIANS

"BABY FRIENDLY" 10 STEP INTEGRATION "GIFT" - LA-FOCUSED

SUPPLEMENTATION

WHY?

- FORMULA COMMON
- DECISIONS IN FIRST 2 DAYS HAVE LONGTERM IMPACT

CONSIDER INFORMED-CONSENT PROCESS

SET CRITERIA FOR STOPPING SUPPLEMENTATION

OPTIONS

- MOM FIRST
- DONOR MILK
- PROTEIN HYDROLYSATE

BABY INDICATORS

- ASYMPTOMATIC HYPOGLYCEMIA
- DELAYED BOWELS
- MACRONUTRIENT SUPPLEMENTATION
- WEIGHT LOSS ("NEW" TOOL)
- DEHYDRATION

MATERNAL INDICATORS

- DELAYED SECRETORY ACTIVATION
- PRIMARY BLANDULAR INSUFFICIENCY
- BREAST PATHOLOGY
- CERTAIN MEDS
- INTOLERABLE PAIN

GOALS

- FEED BABY
- OPTIMIZE MILK

